# **BACKYARD BARBECUE FAVORITES**

13 classic barbecue recipes to help you master your smoker



# SMOKEDBBQ - SOURCE-

## Hi there!

I'm Joe, the founder behind the Smoked BBQ Source website.

Since starting back in 2016, my goal has been to create a resource for pitmasters of all levels who want to master the art of smoking meat.

Along the way, I've been joined by a team of pitmasters who share the goal of teaching the art of backyard barbecue.

This cookbook contains a selection of our most popular recipes from the Smoked BBQ Source blog.

I hope you enjoy this free cookbook!

- Joe



Check out our latest recipes at <u>https://www.smokedbbqsource.com</u>

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# EASY SMOKED PULLED PORK

## Juicy smoked pulled pork butt in half the time, spiced up with a knockout homemade BBQ sauce.

Serves: 8 Prep Time: 15 min Cook Time: 4 hrs Resting time: 2 hrs



### **INGREDIENTS:**

6-10lbs Boston Butt or Pork Collar

#### PORK RUB:

8 tbsp smoked paprika 6 tbsp brown sugar 3 tbsp salt flakes 2 tbsp ground black pepper 1 tbsp ground cumin 1 tbsp mustard powder 1 tbsp garlic powder 1 tbsp onion powder % tsp cayenne powder

#### BBQ SAUCE:

- 1 cup ketchup 1½ cup apple juice ½ cup apple cider vinegar ½ cup brown sugar 4 tbsp Worcestershire sauce 2 tsp garlic powder 3 tsp onion powder 1 tsp salt ½ tsp black ground pepper ¥ tsp cayenne pepper
- 01 Remove any silver skin, hard solid pieces and soft pieces of fat from the Boston Butt or Pork Collar.
- **02** Using a rub shaker, give the pork a generous coating of dry rub and leave it to sit for around an hour.
- **03** Set up your smoker for high indirect heat using lump charcoal and some apple wood chunks for smoking.
- **04** Once the temp has stabilized at 300°F, put the meat in the smoker and insert an internal meat thermometer to track the temp.
- **05** After 2 hours, check the meat every 30 minutes for dry patches. If there are any, give the dry parts a spritz with apple juice.
- 06 Once the internal temp reaches 160°F, wrap in foil and put back on the heat.
- When the internal temp reaches 195°F, start probing the pork for tenderness.When you feel no resistance, take the pork out.
- 08 Wrap the pork in towels and put into a cooler to keep hot for 2 hours.

After 2 hours has gone by, remove from the cooler and transfer the pork to a tray, including all of the juices. Pull the meat apart, removing any gristle or hard fat.

10 Once all pulled apart, add a sprinkle of the dry rub and squirt of the BBQ sauce. Serve in burgers, tacos, pies, rolls, burrito, nachos, etc, etc.

# HOT & FAST BBQ BRISKET

Packed with flavor, this smoked beef brisket has an incredible bark – one of the best meats to smoke in your backyard.

Serves: 15 Prep Time: 15 min Cook Time: 8 hrs Resting time: 2 hrs



### **INGREDIENTS:**

17lbs Rangers Valley MBS5+ Brisket

#### SEASONING:

1 part kosher salt 1 part black pepper (coarsely ground) 1 part granulated garlic

01 Trim the hard fat from the brisket while it is still cold. Remove as much soft fat as you like.

- **02** Season with equal parts of salt, coarsely ground black pepper and granulated garlic.
- **03** Get your smoker up to temp of 300°F.
- **04** Put the brisket on and leave for at least 2 hours before checking.
- 05 After 2 hours, if any of the bark is extremely dry, you can spritz with water.
- 06 Once internal temp of brisket reaches 170°F, boat it in a couple of layers of foil.
- 07 Once the brisket is probing tender, anywhere between 195°F and 210°F, take off the heat and wrap in a couple of layers of foil.
- **0** 8 Wrap in some old towels and place in the cooler for 2 hours.
- 09 After the 2 hours, slice across the grain of the meat and enjoy.

## TEXAS STYLE SMOKED BEEF SHORT RIBS

## Skip the sweet rubs and sauces and let the beef flavor shine through.

Serves: 6 Prep Time: 10 min Cook Time: 6 hrs Resting time: 30 min



### **INGREDIENTS:**

5lb rack beef short ribs 2 tbsp olive oil

#### RUB:

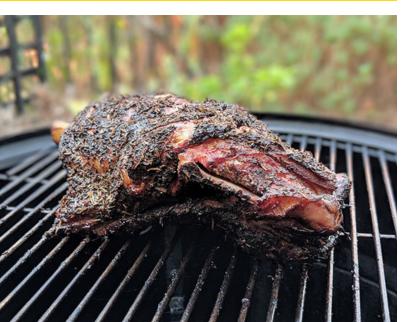
2 tbsp freshly ground black pepper 2 tbsp salt 1 tbsp garlic powder 1 tsp smoked paprika apple juice for spritzing

- 01 Prepare smoker for indirect cooking at 250°F using a neutral wood like apple, cherry or pecan.
- **02** Trim fat and silver skin from the meaty side. Remove membrane from bone side.
- **03** Mix rub ingredients together and set aside.
- **04** Coat ribs in a liquid like olive oil or hot sauce.
- 05 Apply rub evenly being sure to get plenty on the sides.
- **06** Place bone side down on pre-heated smoker.
- 07 Smoke for between 6–10 hours between 250°F–275°F.
- **O o i** Give the ribs a spritz of apple juice after about 5 hours (apple cider vinegar or water work as well).
- **09** Remove the ribs from the smoker when your temperature probe reads 203°F– 210°F and wrap in foil and leave to rest for 30 minutes.
- Slice the ribs and serve with beans and coleslaw.

# SMOKED LAMB SHOULDER

This herb-crusted lamb shoulder is smoked and then pulled and goes amazing on Pita bread or in a sandwich.

Serves: 8 Prep Time: 10 min Cook Time: 5 hrs Resting time: 20 min



### **INGREDIENTS:**

8lb lamb bone in shoulder 2 tbsp olive oil Pita Bread to serve 1½ cups hummus to serve

#### HERB RUB:

2 tbsp salt 1 tbsp dried parsley 2 tbsp dried sage 1 tbsp dried rosemary 1 tbsp dried thyme 1 tbsp dried oregano 1 tbsp dried basil 1 tbsp dried bay leaf (crushed) 1 tbsp black pepper (finely ground) 1 tbsp sugar

- 01 Prepare smoker for indirect cooking at 250°F using a neutral wood like apple, cherry or pecan.
- 02 Combine rub ingredients together in a bowl and set aside.
- 03 Coat lamb shoulder in olive oil.
- **0** Sprinkle salt over lamb evenly.
- 05 Apply herb rub to lamb making sure to cover it evenly.
- **06** Place seasoned lamb shoulder, fat side up on pre-heated smoker.
- 07 Smoke for 4 hours between 250°-300°F.
- O 8 For the final hour increase heat to 300°-350°F to make sure the fat renders.
- **09** Remove the lamb from the smoker when internal temp reaches 195°–203°F, wrap in foil and leave to rest for 10–20 minutes.
- Slice/pull the lamb and serve with warmed pita bread and hummus.

# SMOKED PORK RIBS [3-2-1 METHOD]

Fall-off-the-bone low and slow smoked pork ribs glazed with tangy homemade BBQ sauce.

Serves: 8 Prep Time: 15 min Cook Time: 6 hrs



### **INGREDIENTS:**

8lbs rack of spare ribs ½ cup brown sugar 3 tbsp honey 3.5 oz unsalted butter 1 tbsp apple cider vinegar

#### **RIB RUB:**

8 tbsp smoked paprika 6 tbsp brown sugar 3 tbsp kosher salt 2 tbsp ground black pepper 1 tbsp ground cumin 1 tbsp mustard powder 1 tbsp garlic powder 1 tbsp onion powder % tsp hot cayenne pepper See on the blog
Watch on YouTube

#### SPRITZ:

50% water 50% apple cider vinegar

#### SAUCE:

cup ketchup
 ½ cups apple juice
 ¼ cup apple cider vinegar
 ½ cup brown sugar
 4 tbsp Worcestershire sauce
 2 tsp garlic powder
 3 tsp onion powder
 1 tsp kosher salt
 ½ tsp ground black pepper
 ½ tsp hot cayenne pepper

- **01** Trim excess fat off ribs, remove any loose bits and remove the membrane from the back of the ribs.
- **02** Mix all dry ingredients for the rub and apply all over the ribs, remembering to get the sides.
- **03** Set up smoker to a temp of 225°F and once stable, place ribs in the smoker.
- **04** After 2 hours, check ribs for any dryness and if needed, spritz with a 50/50 mixture of water and apple cider vinegar.

After 3 hours, take ribs out of the smoker and place them meat side down on 2 layers of foil that have honey, sugar, butter and apple cider vinegar on them. Add sugar, honey and butter to the back of the ribs and wrap up tightly.

- 06 Put ribs back in the smoker for another 2 hours.
- 07 Place all BBQ sauce ingredients into a thick bottomed saucepan and stir over low to medium heat for 15 minutes, allow to cool and transfer to a sauce bottle.
- **08** After 2 hours, take ribs out and unwrap. Turn the ribs over to expose the meat and glaze with the BBQ sauce.
- **09** Place back into the smoker for another hour.
- 10 An hour later, remove the ribs from the smoker and slice in between the bones. Serve with potato salad, cornbread, or on a BBQ platter.

# SMOKED SPATCHCOCK CHICKEN

Smoked over charcoal and glazed with BBQ sauce, succulent chicken with delicious crispy skin.

Serves: 4 Prep Time: 20 min Cook Time: 1 hr 10 min



### **INGREDIENTS:**

4lb whole chicken 4 tbsp Smokey Barbecue Sauce 4 tbsp poultry rub

Place the chicken, breast side down, on a clean chopping board. Use a sharp

- O1 boning knife or poultry shears to cut along both sides of the backbone towards the legs.
- **02** Trim any excess fat or skin from around the leg end of the chicken.
- **03** Flip the chicken over and press down firmly with the palms of your hand so that the meat is flat and spread out.
- **04** Pat the chicken dry with paper towels.
- **05** Sprinkle liberally with kosher salt and leave uncovered for a few hours in the fridge.
- 06 Apply barbecue rub evenly over both sides of the chicken.
- **07** Set your smoker up for indirect cooking at 300°F-350°F. Add 2-3 chunks of mild smoke wood (apple or cherry are good options).
- 08 Place the chicken on the grill, breast side up.
- **09** Smoke until the internal temperature of the breast reaches 160°F. Around 1 hour.
- $\begin{array}{ll} \mbox{Take the chicken off the smoker and spread barbecue sauce evenly over the}\\ \mbox{skin.} \end{array}$
- IIPlace chicken back on the smoker for about 10 minutes or until the breast<br/>reaches 165°F.
- 12 Slice the chicken up and serve with your favorite barbecue sides, or pull the meat and use in a sandwich.

# SMOKED TURKEY BREAST

Succulent and flavor packed smoked turkey breast served with a festive cranberry and port glaze.

Serves: 8 Prep Time: 45 min Cook Time: 2.5 hrs Resting time: 2 hrs



### **INGREDIENTS:**

6lb turkey breast or two smaller ones

#### **TURKEY RUB:**

4 tbsp smoked paprika 3 tbsp brown sugar 3 tbsp salt flakes 2 tbsp finely ground black pepper 1 tbsp mustard powder 1 tbsp garlic powder 1 tbsp onion powder

#### **CRANBERRY AND PORT GLAZE:**

- ½ cup port
  ½ cup jellied cranberry sauce
  2 sprigs fresh thyme
  1 dried bay leaf
  ½ tsp cinnamon
  ½ cup castor sugar
  1 tbsp balsamic vinegar
- **01** Set up your smoker to 275°F. If using a charcoal smoker, fill up the charcoal ring with unlit charcoal, leaving a well in the center. Put three chunks of peach wood around the charcoal. Light a chimney starter, ¾ full of good quality charcoal, and tip into the middle of the unlit charcoal.
- **02** Set up a dual probe thermometer to track both the smoker temperature and the internal temperature of the meat.
- **03** Trim any leftover skin on the turkey breast and remove the tender. Then apply the rub.
- **0**<sup>4</sup> Place the turkey in the smoker and insert an internal temperature probe.

Once the turkey reaches 155°F, take it out of the smoker and wrap in foil with butter. This will take around two to three hours, depending on the size of the turkey breast. Rest in a prewarmed cooler with some old towels for around two hours.

- **06** Place all the cranberry glaze ingredients into a saucepan over medium heat and stir constantly until all the sugars dissolve.
- **07** Turn the heat up to a medium and simmer for around eight minutes, making sure to stir regularly and not to allow the glaze to boil.

Remove the turkey from the cooler and unwrap on a chopping board with a juice crevice. Carve across the grain into thin slices, around ¼" thick. Place slices on a plate, scattered out like a fan and drizzle with some cranberry glaze.

**09** Serve with smoked squash puree and garlic butter green beans.

# SMOKED PULLED BEEF

#### Slow cooked Flat Iron Steak seasoned with a coffee-based rub turned into an incredibly tender and flavorful pulled beef.

Serves: 4	Prep Time: 15 min	Cook Time: 4 hrs	Resting time: 2 hrs
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### **INGREDIENTS:**

See on the blog
Watch on YouTube

2lbs 1 whole Flat Iron Steak (you can use Butler's Steak or Oyster Blade)

#### COFFEE RUB:

½ cup ground coffee 1 tbsp dark brown sugar 2 tbsp cayenne pepper 2 tbsp garlic powder 2 tbsp paprika 2 tbsp onion powder 1 tbsp ground cumin 1 tbsp kosher salt

- **Ol** Combine all rub ingredients, mix thoroughly and transfer to a rub shaker to make applying it easier
- **02** Take the beef out of the fridge around an hour before smoking and trim off the hard outer silver skin.
- O 3 Apply coffee rub from roughly 12 inches above the meat.

Set up the smoker by lighting up a half full chimney starter with lump charcoal.
 Once it is fully alight, place it into a well created in the charcoal ring with unlit charcoal. Place a few chunks of cherry and pecan wood around the lit charcoal, not touching the lit fuel.

- **05** Put a drip tray on the deflector plate to save on clean up after the cook.
- **07** Let the beef smoke for around 4 hours in total, until it reaches an internal temperature of 160°F.

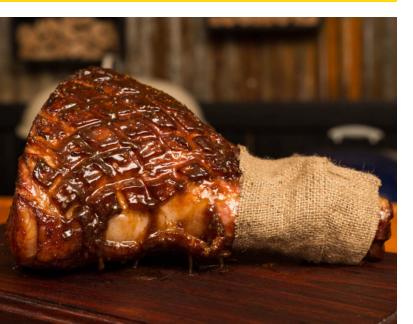
Wrap the beef in some foil with half a cup of warm beef stock and put back on the heat. Start probing the beef for tenderness. When you feel no resistance from sticking a metal skewer in, you know it will be time to rest. This will take another couple of hours and the internal temp will be between 200°F to 210°F.

- **09** Open the foil and let the steam out for about 10 minutes, then wrap up the beef in old towels and place into a cooler to hold for two hours.
- 10 Transfer all of the juice and the beef to a tray and pull apart. Serve in tacos, sandwiches, pies or even pasta.

## DOUBLE SMOKED GLAZED HAM

## Juicy low and slow smoked ham with sweet holiday maple-mustard glaze.

Serves: 10 Prep Time: 20 min Cook Time: 3 hrs Resting time: 5 min



### **INGREDIENTS:**

7lb half leg of ham juice of 1 lemon

#### MAPLE-MUSTARD GLAZE:

% cup maple syrup or honey
 % cup brown sugar tightly packed
 3 tbsp Dijon mustard
 % tsp ground cinnamon
 % tsp allspice or nutmeg

Remove the skin from the ham using a sharp knife. Slice around the hock and

- 0 down the sides, you should be able to get your fingers under the skin and peel it gently off.
- **02** Make shallow score marks in the fat about  $\frac{3}{2}$ " apart, then do the same in the opposite angle creating a diamond pattern.
- **03** Set up your smoker for 275°F using the minion method. Add a couple of chunks of smoking wood (apple and cherry are good options).
- **04** Place the ham on a rack in a baking dish and squeeze over the juice the lemon.
- **05** Add 3 cups of hot water to the baking dish and an internal temp probe into the ham and set it for 130°F. Put into the smoker.
- Place all the glaze ingredients into a small saucepan and stir over a medium heat for around 15 minutes until the sugars have all dissolved and the glaze has thickened.
- 07 Once the ham has reached 130°F, it's time to start glazing. Keep applying the glaze every 15 to 20 minutes until the ham's internal temp reads 140°F.
- 08 Once the ham reaches 140°F internal temperature, it is ready to come off and rest for 5 minutes.
- **09** While the ham is resting, warm up the glaze and give it one last thick coating. Slice and enjoy.

# SMOKED BEEF JERKY

## Low and slow smoked beef jerky with rich smoky flavor and tender, chewy texture.

Serves: 10 Prep Time: 30 min Cook Time: 8 hrs Marinate: 12 hrs



2.5lbs beef round

#### MARINADE:

½ cup soy sauce
½ cup Worcestershire sauce
½ cup brown sugar
½ tbsp paprika
1 tsp ginger powder
1 tsp salt
1 tsp black pepper



- O Slice the meat against the grain into 1/3" strips.
- 02 Mix the marinade ingredients together in a large bowl.
- **03** Add your meat to the marinade, cover and place in the fridge overnight.
- **0**<sup>4</sup> Next day set your smoker to 160°F.

Place the meat on wire racks and smoke for 2 hours, then remove and place **05** into the dehydrator at 160°F for a further 5-6 hours. If you are not using a dehydrator smoke for 7-8 hours in the smoker.

06 Cool, then place in a sealed container in the fridge and enjoy!

# HOMEMADE BBQ SAUCE

Don't hold back, smother this on everything. A knockout homemade BBQ sauce to spice up a variety of dishes.

Serves: 8 Prep Time: 5 min Cook Time: 15 min



### **INGREDIENTS:**

l cup ketchup l½ cup apple juice ½ cup apple cider vinegar ½ cup brown sugar 4 tbsp Worcestershire sauce 2 tsp garlic powder 3 tsp onion powder 1 tsp salt ½ tsp black ground pepper

- Place all ingredients into a thick based saucepan.
- 02 Over a low heat, continuously stir for 15 minutes until the sauce thickens.
- 03 Remove from heat and allow to cool.
- **04** Transfer to a sauce bottle and store in fridge until required.

# THE ULTIMATE DRY RUB FOR RIBS

This rub uses classic barbecue flavors and has the perfect balance of sweet, savory and heat for pork ribs.

### **INGREDIENTS:**

8 tbsp smoked paprika 6 tbsp brown sugar 3 tbsp kosher salt 2 tbsp freshly ground black pepper 1 tbsp ground cumin 1 tbsp mustard powder 1 tbsp garlic powder 1 tbsp onion powder % tsp hot cayenne pepper

Serves: 2 racks Prep Time: 5 min



- () Mix rub ingredients in a bowl. For best results put rub into a rub shaker and then sprinkle evenly over your meat from a distance of around 12".
- **02** Store in an airtight container. You can break the rub up with a fork before applying it the next time.

# BBQ COFFEE RUB

Use this rub to tenderize and enhance the flavor of most meats like beef, pork and chicken.

### **INGREDIENTS:**

½ cup ground coffee
1 tbsp dark brown sugar
2 tbsp cayenne pepper
2 tbsp garlic powder
2 tbsp onion powder
2 tbsp paprika
1 tbsp ground cumin
1 tbsp kosher salt

Serves: 1 Prep Time: 5 min



- 0 Measure out ingredients.
- 02 Mix thoroughly before use.
- **03** Apply from roughly 12" above your meat for even coverage.
- **0** Apply at least an hour prior to smoking or cooking.
- 05 Store leftover rub in an airtight container for longer shelf life.